O Jesus, only Son of God, only Son of Mary, I come to Thee as an unworthy parent, and I humbly consecrate to thy Most Sacred Heart, now and for eternity, the soul of my child N. I surrender him/her to Thy sweet yoke and place him/her at the foot of Thy Cross. I offer Thee for him/her the most loving Heart of Thy Most Holy Mother Mary, which is more precious and pleasing to Thee than all hearts, and I beg Thee by her merits to show Thyself to him/her a Savior.

O Mary, Mother of Jesus, I come to Thee as an unworthy parent, and I humbly consecrate to thy Most Sorrowful and Immaculate Heart, now and for eternity, the soul of my child N. I offer Thee for him/her the most adorable Heart of Thy Son Jesus, who is the life, love and joy of Thy own Heart, and I beg Thee by the infinite merits of the Divine Son, Thou who art our Mother in the order of grace, to obtain the grace of salvation for my child.

O glorious St. Joseph, I come to thee and ask thee to take under thy special protection my child N. I consecrate him/her to thee today, that through this consecration he/she they may become your foster child. Guard him/her, guide his/her steps in life, and form his/her heart after the Hearts of Jesus and Mary.

O glorious St. Joseph, who felt the tribulation and worry of a parent when the child Jesus was lost, protect him/her for time and eternity. May you be his/her father and counselor. Preserve him/her from the corruption of this world, and obtain for us the grace to be united in heaven forever. Amen. Blessed be the Most Sacred and Loving Heart of Jesus and the most Immaculate Heart of Mary in eternity and forever. Amen. St Joseph, pray for us. Amen.

This prayer can be found as part of a post on Women of Grace.